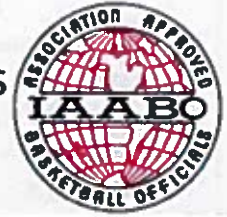


# Summary of Uniforms, Equipment and Apparel Items

(Rule 3-4, 3-5, and 3-6)



\* = Rule change for 2019-2020 season

## LEGAL



### HAIR CONTROL DEVICES

- Item that goes around hair only.
- No color restrictions.
- Must be of soft material.
- Beads are prohibited.

## ILLEGAL



### ILLEGAL APPAREL

Headband must be worn without extensions.



### HEADBANDS and WRISTBANDS

- Must be a single solid color: white, black, beige, or the predominant color of the jersey.
- All such articles for all teammates must all be the same color.



### \*LEGAL APPAREL

Headbands may be 3 inches wide



### ILLEGAL APPAREL

Too many logos

## LEGAL APPAREL



### UNDERSHIRTS

- Must be a single solid color similar to the predominant color of the jersey.
- Sleeve edges may not be frayed and must be the same length.
- One teammate may have short sleeves, another may have long sleeves.

## ILLEGAL APPAREL



## LEGAL APPAREL



### \* ROLLED WAISTBANDS

Players are permitted to fold or roll their shorts at the natural waistband seam.

Rolled waistbands do need to be in compliance with Rule 3-4-5 that restricts uniform pants to having only one visible manufacturer's logo.

## ILLEGAL APPAREL



### AMERICAN FLAG

May be worn anywhere on the jersey, provided it does not exceed 2 x 3 in. and interfere with visibility of number.



**BRACES**

- Manufactured knee and ankle braces do not need to meet any color restrictions.
- A brace is defined as anything worn for a medical purpose to increase stability.



**SLEEVES, COMPRESSION SHORTS and TIGHTS, HEADBANDS and WRISTBANDS**

- Must be a single solid color: white, black, beige, or the predominant color of the jersey.
- All such articles for all teammates must all be the same color.

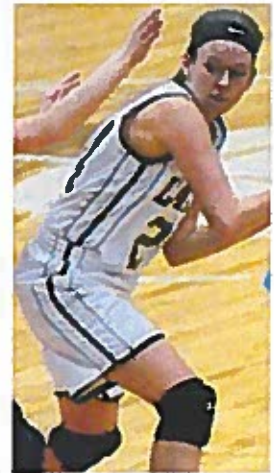


**LEGAL APPAREL**



**LEGAL APPAREL**

**LEGAL APPAREL**



**LOGOS**

One visible manufacturer's logo is permitted on any apparel item, limited to 2.25 square inches.



**SCHOOL OR CONFERENCE**

**LOGO/MASCOT**

May be located at the apex/opening of the neckline of jersey and the corresponding area on the back and/or in either side insert.



One **MEMORIAL PATCH** may be worn. It shall not be a number, must be located above the neckline or in the side insert and not exceed 4 square inches.



**SHOES AND SOCKS**

Are not "apparel" items and have no color or logo restrictions.



**ILLEGAL APPAREL**

Color of headbands and leg sleeves (knee pads) do not match.



**ILLEGAL APPAREL**

- Logo is too big.
- Sleeves must be a single solid color.

**WRISTBANDS**



- Must be made of absorbent material.
- Worn below the elbow.
- Only one wristband per arm.

**JEWELRY is NOT permitted.**



**RELIGIOUS and MEDICAL ALERT MEDALS**

- Are not considered jewelry.
- Religious medals must be taped and worn under the uniform.
- A medical alert medal must be taped and may be visible.



**ILLEGAL APPAREL**

Arm sleeve must be a single solid color.



**ILLEGAL APPAREL**

Silicone bands